

## FRESH BAGELS

*Our bagels are lovingly made from scratch in house with a family recipe passed down through the generations. You've never had bagels this good!*

Plain	Garlic	Asiago
Egg	Everything	Salt
Cinnamon-Raisin	Bialy	Onion
Sesame	Poppy	Pumpernickel
Whole Wheat	Whole Wheat Sesame	Whole Wheat Everything
	Egg Everything	
Each		1.35
Baker's Dozen (13)		14.99

**We make a limited amount of bagels daily to ensure freshness, and the highest quality standards. Pre-order to ensure availability.**

### BAGEL WITH CREAM CHEESE

Plain	3.35
Chive	3.45
Garlic	3.45
Olive	3.45
Vegetable	3.45
Raisin Walnut	3.45
Jalapeño	3.45
Cranberry Nut	3.45
Bacon and Chive	3.45
Strawberry	3.45

### BAGEL WITH OTHER TOPPING

Butter	2.09
Strawberry	2.59
Peanut Butter	2.69
Peanut Butter & Jelly	3.09
Hummus	3.09
Cheese	2.99
<i>American, Swiss, Cheddar, Pepper Jack, or Provolone.</i>	

### SLICED LOX

*Sliced Lox comes with plain cream cheese and is served open-face or sandwich style. Add traditional toppings of capers, tomatoes, onions - or if feeling adventurous, add cucumbers, lettuce, or a flavored cream cheese.*

Lox Spread	3.69
Cream Cheese & Sliced Lox	7.79

### BAGEL WITH TOFU

*Tofu is Dairy Free*

Plain	3.35
Vegetable	3.45
Walnut Raisin	3.45
Olive	3.45

Both Cream Cheese and Tofu may be purchased by the 1/4, 1/2, or 1 lb. sizes.  
We recommend 1 lb. per dozen bagels.

*All menu prices are subject to change.*



172 U.S. Route 1  
Scarborough, Maine

Phone: 207-883-0070  
Fax: 207-885-0070

Mon - Fri 6am - 2pm  
Saturday 7am - 1pm

For fast, convenient service, order ahead  
and pick up through our drive-thru window!

[www.themainebagel.com](http://www.themainebagel.com)

## WICKED JOE COFFEE

*Organic, Local, Fair Trade*

Small (12oz)	1.85
Medium (16oz)	2.09
Large (20oz)	2.29
Box of Joe	15.99
Iced Reg (16oz)	2.49
Iced Large (24oz)	2.85
Iced Extra Large (32oz)	3.49
Cold Brew	+1.00

## COFFEE FLAVORS

Bella Maria ( <i>regular</i> )	Bella Maria ( <i>decaf</i> )
Jamaican Me Crazy	Hazelnut
French Vanilla	Wicked French
Jamaican Me Crazy ( <i>decaf</i> )	

## ICED BEVERAGES

Iced Tea	2.49 / 2.85 / 3.49
Iced Chai	2.49 / 2.85 / 3.49
Iced Cappuccino	2.49 / 2.85 / 3.49

Ice Cappuccino Flavors  
(*French Vanilla or Caramel*) .75

Red Bull Flavor Shot 3.69  
(*Strawberry, Pomegranate, Watermelon, Blueberry, Mango, Blue Raspberry*)

## FRESH FROM THE BAKERY

Assorted Muffins	2.25
Plain Croissants	2.69
Filled Croissants	2.75
Cinnamon Rolls	2.75

## DESSERTS

Homemade Whoopie Pies	3.25
Chocolate Chip Cookie	1.95

## BREAKFAST SANDWICHES

*Choice of Bagel, English Muffin, or Croissant*  
*Choice of Cheese: American, Swiss, Cheddar, PepperJack, or Provolone*

Egg & Cheese	3.69
Egg & Cheese with Bacon, Ham, or Sausage	4.75
Turkey, Egg & Cheese	4.79
Corned Beef, Egg & Cheese	4.79
Pastrami, Egg & Cheese	4.79
Miss Piggy:	
Ham, Sausage, Bacon, Egg & Cheese	6.19
Italian:	
Ham, Salami, Provolone, Onion, Pepper, Tomato	5.99

*Add Cream Cheese .75*

*Add Avocado to any sandwich .89*

## SALADS

*Dressings: Lite Italian, Ranch, Raspberry Vinaigrette, Parmesan Peppercorn, and Balsamic Vinaigrette*

Fresh Garden Salad	5.99
Julienne Salad ( <i>Turkey, Ham &amp; Swiss</i> )	7.29
Fresh Garden Salad with Tuna, Chicken or Egg Salad	6.99
Cape Cod Salad ( <i>Chicken Salad, Cashews, Craisins</i> )	7.29
Turkey Bacon Avocado Salad	7.79

*All menu prices subject to change*

## SIGNATURE SANDWICHES

*On choice of bread (white, marble rye, wheat, or sourdough), wrap (assorted varieties), bagel, or italian roll. Comes with chips and a pickle.*

<b>Turkey Club:</b> <i>Turkey, Lettuce, Tomato and Bacon on Three Slices of Bread</i>	<b>8.79</b>
<b>Turkey Bacon Avocado:</b> <i>Turkey, Avocado, Bacon, Lettuce and Tomato</i>	<b>9.25</b>
<b>Reuben:</b> <i>Corned Beef, Swiss Cheese, Sauerkraut, and Russian Dressing</i>	<b>8.79</b>
<b>Turkey Reuben:</b> <i>Turkey, Swiss Cheese, Sauerkraut, and Russian Dressing</i>	<b>8.79</b>
<b>Rachel:</b> <i>Pastrami, Swiss Cheese, Sauerkraut, and Russian Dressing</i>	<b>8.79</b>
<b>Turkey Gobbler: (Hot or Cold)</b> <i>Turkey, Stuffing, Cranberry Sauce</i>	<b>8.79</b>
<b>Cape Cod:</b> <i>Chicken Salad, Cashews, Craisins</i>	<b>8.79</b>
<b>Italian:</b> <i>Ham, Salami, Provolone, Tomato, Pickles, Onions, Green Peppers and Black Olives</i>	<b>SM 5.49 / LG 7.99</b>
<b>The Route One:</b> <i>1/2 lb Sandwich - Corned Beef, Pastrami, Swiss Cheese, Sauerkraut, Russian Dressing</i>	<b>12.49</b>

## BUILD YOUR OWN SANDWICHES

Bagels are made from scratch and baked in house daily, never frozen. Meat sliced daily in house and is never prepackaged. Served on your choice of bagel, bread (*white, marble rye, wheat, sourdough*), wrap (*assorted varieties*), or Italian roll. Includes any combination of lettuce, tomato, carrots, onions, green peppers, cucumbers, pickles and black olives, and comes with chips and NY garlic spear.

Bacon, Lettuce, & Tomato	6.89	Chicken Salad ( <i>All White</i> )	7.99
Baked Ham	7.99	Egg Salad	6.89
Corned Beef ( <i>Hot or Cold</i> )	7.99	Tuna Salad ( <i>Premium White Albacore</i> )	7.99
Pastrami ( <i>Hot or Cold</i> )	7.99	Veggies & Cheese	6.89
Roast Beef	7.99		
Turkey Breast Pan Roasted	7.99		
Combo Sandwich			
- <i>Choice of Any Two Meats</i>	8.79		

*Add Avocado to any sandwich .89 Add Cheese .75 Add Bacon 1.00*