## FRESH BAGELS

Our bagels are lovingly made from scratch in house with a family recipe passed down through the generations. You've never had bagels this good!

| Plain | Garlic | Asiag |
| :---: | :---: | :---: |
| Egg | Everything | Sal |
| Cinnamon-Raisin | Bialy | Onion |
| Sesame | Poppy | Pumpernicke |
| Whole Wheat | Whole Wheat Sesame Egg Everything | Whole Wheat Everything |
| Each |  | 2.0 |
| Baker's Dozen (13) |  | 24.0 |
| We make the high | about our seasonal b ount of bagels daily to tandards. Pre-order to | ure freshness, and sure availability. |


| BAGEL WITH CREAM CHESE |  |
| :--- | ---: |
| Plain | 4.29 |
| Chive | 4.39 |
| Garlic | 4.39 |
| Olive | 4.39 |
| Vegetable | 4.39 |
| Raisin Walnut | 4.39 |
| Jalapeño | 4.39 |
| Cranberry Nut | 4.39 |
| Bacon and Chive | 4.39 |
| Strawberry | 4.39 |

## Ask About Our Seasonal Bagels

| SLICED LOX | Plain <br> Vegetable | $\begin{aligned} & 4.29 \\ & 4.39 \end{aligned}$ |
| :---: | :---: | :---: |
| Sliced Lox comes with plain cream cheese | Walnut Raisin | 4.39 |
| and is served open-face or sandwich style. Add traditional toppings of capers, tomatoes, onions - or if feeling | Olive | 4.39 |
| adventurous, add cucumbers, lettuce, or a flavored cream cheese. | DESSERTS |  |
| Lox Spread 4.59 | Homemade Whoopie Pies | 3.59 |
| Cream Cheese \& Sliced Lox 9.99 | Chocolate Chip Cookie | 2.09 |

Both Cream Cheese and Tofu may be purchased by the $1 / 4,1 / 2$, or 1 lb . sizes. We recommend 1 lb . per dozen bagels.


> 172 U.S. Route I
> Scarborough, Maine

Phone: 207-883-0070
Fax: 207-885-0070

For fast, convenient service, order online and pick up through our drive-thru window or call on arrival for curbside pickup at our front door!

Please check our website for more information on our operating hours
WWW.themainebagel.com

## WICKED JOE COFFEE

Organic, Local, Fair Trade

| Small (12oz) | 2.39 |
| :--- | ---: |
| Medium (16oz) | 2.59 |
| Large (20oz) | 2.79 |
| Box of Joe | 17.99 |
| Iced Reg (20oz) | 3.39 |
| Iced Large (24oz) | 3.49 |
| Iced Extra Large (32oz) | 4.19 |
| Cold Brew | +1.00 |


| COFFEE FLAVORS |  |
| :--- | :--- |
| Bella Maria (regular) | Bella Maria (decaf) |
| Jamaican Me Crazy | Hazelnut |
| Wicked French |  |
| (Ask About Seasonal Flavors) |  |

## ICED BEVERAGES

|  | $3.09 / 3.29 / 3.99$ |
| :--- | :--- |
| Iced Tea | $3.49 / 3.69 / 4.39$ |
| Iced Chai | $3.49 / 3.69 / 4.39$ |
| Iced Cappuccino | $3.49 / 3.79 / 4.39$ |

Iced Chai or Iced Cappuccino Flavors (French Vanilla, Caramel, Pumpkin Spice, or Mocha)
$\begin{array}{lr}\text { Arnold Palmer } & 3.59 / 3.89 / 4.49 \\ \text { Red Bull Flavor Shot } & 4.29\end{array}$
(Strawberry, Pomegranate, Peach, Blueberry,
Mango, Blue Raspberry, Watermelon)

| FROZEN DRINKS |  |
| :--- | ---: |
| Cappuccino (20oz) | 4.69 |
| Add Caramel, Vanilla, Pumpkin Spice, Mocha | +0.89 |
| Add Espresso Shot | +1.50 |
| Chai (20oz) | 4.59 |
| Add Caramel, Vanilla, Pumpkin Spice, Mocha | +0.89 |
| Add Espresso Shot | +1.50 |
| Lemonade (20oz) | 4.99 |
| Add Strawberry, Watermelon, Blueberry or Peach +0.89 |  |
| Frozen Red Bull Flavor (24oz) | 4.99 |
| (Strawberry, Watermelon, Blue Raspberry, |  |
| Mango, Peach, Pomegranate, Blueberry) |  |

## BREAKFAST SANDWICHES

Choice of Bagel, English Muffin, or Croissant Choice of Cheese: American, Swiss, Cheddar, PepperJack, Provolone, or Mozzarella
Egg \& Cheese
Egg \& Cheese with
Bacon, Ham, or Sausage 5.99
Turkey, Egg \& Cheese 6.09
Corned Beef, Egg \& Cheese 6.09
Pastrami, Egg \& Cheese 6.09
Miss Piggy:
Ham, Sausage, Bacon, Egg \& Cheese 7.49
Italian:
Ham, Salami, Provolone, Onion,
Pepper, Tomato
7.49

Pesto Mozzarella
Egg, Pesto, Mozzarella, Spinach Tomato, Onion5.99

Add Cream Cheese 1.25 Add Pesto. 89 Add Avocado 1.00

## SALADS

Dressings: Lite Italian, Ranch, Raspberry Vinaigrette, Parmesan Peppercorn, and Balsamic Vinaigrette
Fresh Garden Salad 6.49
Julienne Salad
(Turkey, Ham \& Swiss)
7.99

Fresh Garden Salad with Tuna, Chicken or Egg Salad

| Cape Cod Salad <br> (Chicken Salad, Cashews, Craisins) | 7.99 |
| :--- | ---: |
| Turkey Bacon Avocado Salad | 8.39 |
| FRESH FROM THE BAKERY |  |
| Assorted Muffins | 2.69 |
| Plain Croissants | 2.99 |
| Scones (Apple Cinnamon,  <br> White Chocolate Raspberry, and Blueberry) 3.09 <br> Cinnamon Rolls 3.09 |  |

## SIGNATURE SANDWICHES

On choice of bread (white, marble rye, wheat, or sourdough), wrap (assorted varieties),
bagel, or italian roll. Comes with chips and a pickle.
Turkey Club: ..... 10.99
Turkey, Lettuce, Tomato and Bacon on Three Slices of Bread
Turkey Bacon Avocado:11.49
Turkey, Avocado, Bacon, Lettuce and Tomato
Turkey Pesto Mozzarella:11.49
Turkey, Pesto, Spinach, Tomato, Mozzarella, Onion Reuben: (Hot) ..... 10.99Corned Beef, Swiss Cheese, Sauerkraut, and Russian Dressing10.99
Turkey, Swiss Cheese, Sauerkraut, and Russian DressingRachel: (Hot)10.99
Pastrami, Swiss Cheese, Sauerkraut, and Russian Dressing
Turkey Gobbler: (Hot or Cold) ..... 10.99
Turkey, Stuffing, Cranberry Sauce10.99
Chicken Salad, Cashews, Craisins
Italian:
SM 8.99 / LG 10.99
Ham, Salami, Provolone, Tomato, Pickles, Onions, Green Peppers and Black Olives
The Route One: (Hot)14.491/2 lb Sandwich - Corned Beef, Pastrami, Swiss Cheese, Sauerkraut, Russian Dressing
BUILD YOUR OWN SANDWICHES
Meat sliced daily in house and is never prepackaged. Served on your choice of bagel,bread (white, marble rye, wheat, sourdough), wrap (assorted varieties), or Italian roll.Includes any combination of lettuce, tomato, carrots, onions, green peppers, cucumbers,pickles, spinach and black olives. Comes with chips and NY garlic spear.
Bacon, Lettuce, \& Tomato $\quad 9.49 \quad$ Chicken Salad (All White) 10.59
Baked Ham 10.49 Egg Salad ..... 8.99
Corned Beef (Hot or Cold) ..... 10.49
Tuna Salad (Premium White Albacore) ..... 10.59
Pastrami (Hot or Cold) ..... 10.49
Veggies \& Cheese ..... 8.99
Roast Beef ..... 10.49
Turkey Breast Pan Roasted ..... 10.49

Add Avocado 1.00 Add Pesto .89 Add Cheese .99 Add Bacon 1.25 All menu prices subject to change

